

Healing at the Edge: Living and Dying

Dale Borglum, PhD :: Founder/Director, the Living/Dying Project
Friday, October 28, 7:00 pm and Saturday, October 29, 9:30 am—4:30 pm



First Unitarian Church Eliot Center
1011 SW 12th Avenue, Portland

Presented by Living Earth
Info/registration: www.livingearthoregon.org
Fri. \$10-\$25 :: Sat. \$150 (\$125 before 10/1)
Co-sponsored by the Death Talk Project

This program is applicable for professional development/CEU credits for chaplains, and hospice, medical, mental health, and social work professionals.

At some point in life, each of us will face an ineffable edge where illness, grief, trauma, loss, spiritual yearning, or a combination of crises, arises. These circumstances upend our beliefs and rupture our perception of what is true. Questions about living, dying, healing, and what we hold to be sacred become urgent.

That edge is perilous, yet it holds the hidden possibility of profound healing – healing in terms of opening and wholeness, and acceptance of the human experience.

Dale Borglum has worked for nearly four decades with individuals at the edge as a counselor, spiritual advisor, and guide. His practice has included psychological approaches and spiritual practices that support the possibility of healing. These tools and the insights they cultivate are deeply relevant in a time of cultural instability and in the context of personal crisis and turmoil.

Whether we're facing that edge ourselves or in our work with loved ones, patients, clients, or friends, there are footsteps we can follow. Those footsteps – a path stretching across time and culture – are the gifts left by others who deeply realized their own true nature as they faced the existential crises of living and dying.

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Visit Living Earth for details & registration: www.livingearthoregon.org

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About our presenter:

Dale Borglum has worked for nearly forty years with individuals confronting the spiritual upheaval that arises during crisis, trauma, change, loss, and dying.

After receiving his PhD in mathematics at Stanford, Dale joined the early wave of Westerners who traveled to India seeking a deeper view of life than academia had provided. In the four decades since that time, he has immersed himself in Eastern and Western devotional and contemplative practices, religious studies, Buddhist philosophy, and meditation.



In the late 1970s, Dale was the director of the Hanuman Foundation in Santa Fe, New Mexico, under whose auspices he and Stephen Levine founded the Dying Center, the first residential program in the United States for individuals who wanting to die consciously.

In the mid-1980s, Dale relocated the program to the Bay Area, where he founded the Living/Dying Project in Marin County. With the Living/Dying Project, he continues to serve individuals who are dying or facing life crisis; to support family members and mentor volunteers; and to educate professional audiences, students, and lay caregivers about the challenge and possibility that are inherent in dying.

Dale has taught meditation for 40 years, and with Ram Dass and Daniel Goleman, he coauthored the classic “Journey of Awakening: A Meditator’s Guidebook” (1978 and 1990). He continues to speak and teach widely on the subject of dying with Ram Dass, Roshi Joan Halifax, Jack Kornfield, Joseph Goldstein, the late Stephen Levine, and many others.

Learn more about Dale's work at www.livingdying.org.

Living Earth addresses the challenges of our time with programs that cultivate peace, justice, beauty, and balance in our lives and our world.

Healing at the Edge is offered by Living Earth's *Loving, Living, and Dying* program.

Upcoming *Loving, Living, and Dying* events include a 3-day retreat at Breitenbush Hot Springs Oct. 16-20, and monthly Loving, Living, and Dying dharma discussion groups at our center in Portland.

We are a 501(c)(3) nonprofit organization offering workshops, retreats, and regular meditation circles that encourage deep reflection on life, human relationships, and social issues. In tandem, we offer programs that feed and serve the less fortunate in our community, and community discussions that inspire creative, compassionate activism on critical issues including economic injustice, racism, climate change, and conscious service. Visit us at www.livingearthoregon.org.