



Living with Dying: Meaningful Encounters at End of Life

A Process-Oriented Approach to
Exploring Experiences of Coma, Near-Death and Dying

June 17-18, 2017

The Challenge: When we are confronted by states of consciousness in others that are outside of our usual framework or ways of understanding, we might find ourselves at a loss for ways to intervene or connect with that person. We may try to bring them back to their usual identities or to communicate in a way that will help them regain former competencies, but often to no avail.

The Approach: What is being asked of those who attend to the chronically ill, the dying, and to those in coma is another frame of reference, another way of connecting. Whether we are family, friends, caregivers, or professional or medical staff, we can learn and harness methods and styles that will allow us to enter the world such patients and assist them in unfolding and finding meaning in their experiences.

The Opportunity: Generally, people in deep non-verbal states will show small movements such as flickers of the eyebrows, twitches of the lips, repetitive movements of the fingers, hands or feet. When these movements repeat themselves over extended periods of time, it may become possible to use one of these signals in the creation of a yes/no communication system with the patient.

—Ingrid Rose and Kay Ryan, *Doorways into Dying: Innovative Teachings for End of Life*

Workshop Focus: We will concentrate on the following areas:

- Far-out states of consciousness as found in coma or near death.
- Development of a toolkit helpful in joining with those in remote states of consciousness.
- Understanding the inner worlds of those near death using symbols and metaphor.
- How to access meaning in disturbing experiences to make them useful.

Dates: Saturday - Sunday, June 17-18, 2017 **Time:** 10 am – 1 pm & 2 pm - 5 pm

Venue: 2049 NW Hoyt, Portland OR 97209 (Limited free parking available behind the building)

Cost: \$240. **Early registration discount:** by 6/5//2017 \$216

Registration: 503-223-8188 or www.processwork.org

Please wear comfortable clothing and bring a small blanket or shawl and a cushion.

All theory presented will have an experiential component. We will include demonstrations, inner work, exercises, hands-on application of skills, and group exploration. Discussion of case examples will also be part of the overall structure.

Further Information: Ingrid Rose, 503-248-1608 www.IngridRose.net ingridrose8@gmail.com

Dr. Ingrid Rose has a private therapy practice, is a faculty member at the Process Work Institute in Portland, OR, and offers training and workshops throughout the world. For decades, she has applied her knowledge and skill to working with patients at the end of life and in coma, assisting families of the dying, and training and coaching professionals in interacting with those in remote states of consciousness. Her book *Doorways into Dying: Innovative Teachings for End of Life* is available through Amazon.com.